What is dementia?

Dementia is a set of symptoms resulting from disease, such as Alzheimer's, or other conditions such as stroke, that damage the brain and interfere with a person's ability to carry out daily activities.

Who is a family caregiver?

Anyone providing physical, emotional, financial or other types of assistance to a family member or friend, who has a chronic disease or other condition, requiring ongoing care and attention.

When should I have a cognitive screen?

- A cognitive screen is a brief test used to evaluate memory, judgment and the ability to understand visual information.
- When mental tasks that used to be easy to perform, become difficult.
- If you are concerned about your memory.
- If you are over 65 and want to track your cognitive ability over time.

What is an Aging and Disability Resource Center?

An Aging and Disability Resource Center (ADRC) offers the general public a single source for information and assistance related to issues affecting older people and people with disabilities regardless of their income.

An ADRC provides information, assistance, and referral to a wide variety of services.

ADRC of St. Croix County
1752 Dorset Lane
New Richmond, WI 54017
1-800-372-2333 or 715-381-4360
Website: www.sccwi.us/adrc
email: adrcinfo@co.saint-croix.wi.us

Department of Health Services
Division of Long Term Care
1 W. Wilson Street, Room 551
Madison, WI 53703
http://www.dhs.wisconsin.gov/adrc/index.htm
P-00659 (07/2014)

ADRC of Wisconsin

Dementia Care Specialists

Serving Individuals, Families and the Community

Dementia Care Specialists

Support for Individuals with Dementia

Cognitive Screening
Worried about your memory? Screening to detect cognitive changes is available at the Aging and Disability Resource Center (ADRC).

Language Enriched Exercise Plus Socialization (LEEPS)
LEEPS is a program for people in the early to mid stages of Alzheimer's disease or other dementia. This volunteer led program engages people in regular exercise and social activities.

Independence
Dementia Care Specialists can help connect you with all of the opportunities available in your community to keep you active and involved.

Research Opportunities
You can be connected to research studies that attempt to further understand the causes and possible treatments for Alzheimer's and other dementias.

ADRC of Wisconsin

Support for Family Caregivers

Memory Care Connections
This evidence-based family caregiver support program will assist family caregivers in providing care for their loved one at home while maintaining their own health and well-being.

Assistance with Care Planning
Dementia Care Specialists can help to address your current situation and plan for the future, including advance care plans and connections to legal and financial planning experts.

Connections to Support Groups and Other Programs
Dementia Care Specialists are knowledgeable about all of the opportunities and resources available in your community and can help you find information and make connections.

Community Support

Dementia Friendly Communities
Dementia Care Specialists assist in the development of dementia friendly communities. These communities typically include:

- Memory Cafes;
- Dementia Friendly Businesses;
- Increased Civic Awareness of Dementia Related Issues; and
- Dementia Capable Emergency Response.