River Falls Nutrition Program December 2016 Menu

119 Union Street - 715-425-9932 Serving Monday – Friday

Due to circumstances beyond our control, menu changes may occur from time to time

Monday	Tuesday	Wednesday	Thursday	Friday
Suggested Donation: **$4.00 per meal** Please pay as much as you can afford, as we rely on donations from participants to keep the program going.			**1** Crmy Mushroom Chkn Baked Potato Carrots Rosy Applesauce Dinner Roll Dessert	**2** Lemon Baked Cod Paprika Potatoes Coleslaw Chef's Choice Fruit Breadstick Dessert
5 Turkey Casserole Green Beans Chef's Choice Fruit Dinner Roll Brownie	**6** Country Ham Au Gratin Potatoes Corn Garlic Cheddar Biscuit Chef's Choice Fruit Dessert	**7** Salisbury Steak Mashed Potatoes & Gravy Carrots Fruit Dinner Roll Dessert	**8** Beef Stir Fry Buttered Noodles Oriental Blend Vegetable Fruit Bread Slice Dessert	**9** Shrimp Scampi Fettuccini Noodles Carrots Banana Bread Slice Chocolate Pudding
12 Swedish Meatballs Buttered Noodles Carrots Chef's Choice Fruit Dinner Roll Dessert	**13** Cheeseburger on Bun Potato Salad Coleslaw Chef's Choice Fruit Dessert	**14** Pot Roast Mashed Potatoes & Gravy Mixed Vegetables Bread Slice Mandarin Orange Cake	**15** Smothered Steak Mashed Potatoes & Gravy Squash Fruit Garlic Cheddar Biscuit Dessert	**16** Open Face Philly Sandwich Green Bean Casserole Chips Chef's Choice Fruit Dessert
19 Marinara Chkn w/chs Buttered Noodles Wax Beans Breadstick Dessert	**20** Smothered Chopped Stk Mashed Potatoes Corn Chef's Choice Fruit Sliced Bread Dessert	**21** Glazed Ham Baked Sweet Potato Peas Dinner Roll Fruit Crisp 	**22** Oven Fried Chicken Baked Potato Carrots Pineapple Bread Slice Dessert	**23** **CLOSED for Christmas Holiday**
26 **CLOSED for Christmas Holiday**	**27** Spaghetti & Meatballs Green Beans Chef's Choice Fruit Breadstick Dessert	**28** Open Face Turkey Mashed Potatoes & Gravy Capri Blend Veggies Creamy Fruit Fluff Dessert	**29** Ham Loaf Rice Pilaf Corn Spiced Apples Dinner Roll Dessert	**30** Beer Battered Fish Baked Potato Carrots Fruit Bread Slice Dessert