

AGING & DISABILITY RESOURCE CENTER OF ST. CROIX COUNTY

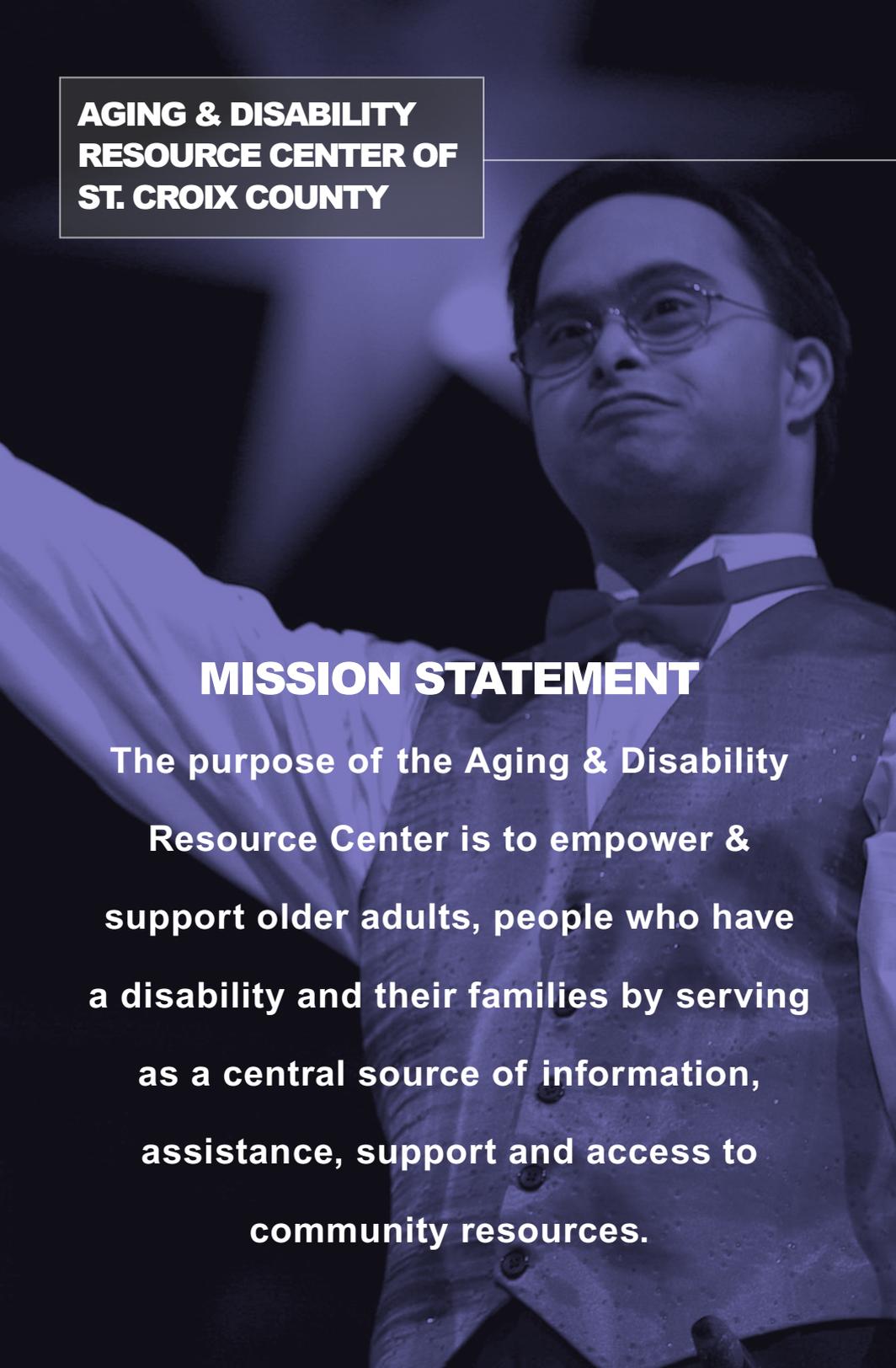


1752 Dorset Lane
New Richmond, WI 54017

1-800-372-2333

The Aging & Disability Resource Center
is a Department of St. Croix County
Health & Human Services

Website:
www.sccwi.us/ADRC

A man with glasses, wearing a white shirt, a dark bow tie, and a dark vest, is shown from the chest up. He is looking upwards and to the right with a thoughtful expression. His right arm is raised, and his hand is near his head. The background is dark and out of focus.

**AGING & DISABILITY
RESOURCE CENTER OF
ST. CROIX COUNTY**

MISSION STATEMENT

The purpose of the Aging & Disability Resource Center is to empower & support older adults, people who have a disability and their families by serving as a central source of information, assistance, support and access to community resources.



KEY SERVICES

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ELDER BENEFIT SPECIALIST PROGRAM

The **Elder Benefit Specialist** (EBS) provides advocacy and assistance to St. Croix County residents 60 years and older under the supervision of the Coalition of Wisconsin Aging Groups Elder Law Center.

The Elder Benefit Specialist provides information about Medicare, Medicaid, supplemental insurance and all other public benefits, as well as assistance with grievances and appeals when necessary.

The **Elder Benefit Specialist** works closely with Information and Assistance, Options Counselors, and other [Aging & Disability Resource Center](#) services.

This is a free and confidential service, available during office hours.

*To arrange an appointment with the **Elder Benefit Specialist**, please call Monday through Thursday, 8:00 a.m. – 5:00 p.m..*

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DISABILITY BENEFIT SPECIALIST PROGRAM

The **Disability Benefit Specialist** (DBS) provides services to people ages 18 to 59 with physical disabilities, developmental disabilities, mental illness and substance use disorders under the direction of the Program Attorneys at Disability Rights Wisconsin.

The **Disability Benefit Specialist** provides information about public and private benefit programs including assistance with application and appeal procedures.

The **Disability Benefit Specialist** works closely with Information and Assistance, Options Counselors, and other [Aging & Disability Resource Center](#) services.

This is a free and confidential service, available during office hours.

*To arrange an appointment with the **Disability Benefit Specialist** (DBS), please call Monday through Friday, 8:00 a.m. – 5:00 p.m..*

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INFORMATION & ASSISTANCE & OPTIONS COUNSELING

Information and Assistance (I & A) Specialists serve persons age 18 and older.

I & A Specialists/Options Counselors are Certified Wisconsin Social Workers who are available to provide accurate and unbiased information on all aspects of life related to aging or living with a disability.

I & A Specialists/Options Counselors assist the public to plan for long and short term care needs and provide current information about local, regional, and State resources to meet the care needs of callers and their friends or family members.

I & A Specialists/Options Counselors also assist with community outreach, health promotion, prevention services and assist eligible persons to enroll in long term care programs available through the State of Wisconsin.

I & A Specialists/Options Counselors are certified to provide memory screening services.

This is a free and confidential service, available during office hours. Walk-ins are also welcome.

*To access these services, please contact an
Information & Assistance Specialist/Options Counselor at:*

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DEMENTIA CARE SPECIALIST PROGRAM

The purpose of the **Dementia Care Specialist Program** is intended to increase the dementia capability of Wisconsin's ADRCs, to create more dementia friendly communities, and increase opportunities for people with dementia to remain in their own homes as long as is appropriate.

The **Dementia Care Specialist (DCS)** provides consultation and technical assistance to the ADRC unit and adult protective services (APS) staff who interact with people who are experiencing cognitive changes or have been diagnosed with Alzheimer's disease or related dementia.

The **Dementia Care Specialist** works with referral processes to physicians and health care systems in the area, to promote awareness of the programs and services available to individuals with dementia, the support which is available at the ADRC, and the benefits of early identification and diagnosis.

The **Dementia Care Specialist** provides education and support for family caregivers; facilitates access to the Alzheimer's Family Caregiver Support Program (AFCSP), the National Family Caregiver Support Program (NFCSP), and other supports and services including the Alzheimer's Association.

*To access these services, please contact the
Dementia Care Specialist at:*

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SENIOR NUTRITION SERVICES

The Aging & Disability Resource Center **Nutrition Program** provides a nutritionally balanced hot meal and place to socialize. We are funded by Federal, State and County, along with individual donations. The nutrition sites are open to persons 60 and older and their spouse regardless of age. Suggested donation is \$4.00 per meal. Nine senior dining nutrition sites are located within St. Croix County.

Baldwin Site

400 Cedar St., 684-2979
Serves Monday – Thursday

Deer Park Site

121 Front St., 269-5301
Serves Monday – Thursday

Glenwood City Site

217 W Oak St., 265-7242
Serves Monday – Thursday

Hudson Site

1320 Wisconsin St., 386-8709
Serves Monday– Friday
(Home-delivered Mon – Thurs)

New Richmond Site

421 S. Green Ave., 243-7493
Serves Monday – Thursday

River Falls Site

119 Union St., 425-9932
Serves Monday – Friday
(Home-delivered Mon – Fri)

Roberts Site

312 N Park St., 749-3755
Serves Monday & Wednesday

Somerset Site

748 Highway 35, 247-5354
Serves Monday – Thursday

Woodville Site

102 South Main St., 698-2152
Serves Monday - Thursday

HOME DELIVERED MEALS

The St. Croix County **Home Delivered Meal Program** provides a hot nutritious meal to persons who are: aged 60 and over and unable to prepare adequate meals on their own, caregivers or spouses providing respite. Persons with disabilities, under the age of 60, who are unable to prepare adequate meals on their own, may receive Home-Delivered meals at full cost.

A nutritious well-balanced meal is extremely important in helping participants stay healthy and self-sufficient. Meals are provided on a short or long term basis. Short term meals are typically provided for those recovering from surgery or illness.

Anyone who receives this service is asked to donate \$6.50, or what they can afford, per meal. Contributions are confidential and no one, over the age of 60, will be denied because of their inability to pay. In order to ensure satisfaction with this program and to provide additional nutritional support and education, the Outreach Coordinator conducts home visits with individuals served by the **Home-Delivered Meal Program**.

To get started, contact the Outreach Coordinator at:

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1-800-372-2333

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VOLUNTEER MEDICAL TRANSPORTATION

The program provides door to door transportation, to medical appointments only, for persons who are age 60 and older. The program is designed for those individuals who need minimal assistance but are no longer able to drive to medical appointments within or outside of St. Croix County. Volunteer drivers use their own vehicles to take individuals to medical appointments. Drivers are reimbursed by the [Aging & Disability Resource Center](#) for the mileage accrued during the transport. Individuals will be asked to donate, what they are able to afford, to the [Aging & Disability Resource Center](#) to help defray those reimbursement costs.

Basic hours of operation are Monday-Friday, 8:00 a.m. to 5:00 p.m. Participants must call 715-381-4360 or 1-800-372-2333 to schedule rides at least 48 hours in advance.

For more information on this service, please contact the The Community Service Coordinator at:

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SPECIALIZED VAN TRANSPORTATION

The purpose of the **Specialized Van Transportation** program is to provide transportation to persons 60 & older and to persons with disabilities, or the spouses of either. The general public may ride on a “space available” basis.

The **Specialized Van Transportation** service is available in the communities of: Baldwin, Deer Park, Glenwood City, Hammond, Hudson, New Richmond, Roberts, Somerset and Woodville. The vans provide transportation to local senior centers/nutrition sites, medical, employment, shopping and social destinations within each community. The vans in three communities are handicap accessible. Days and times of van service vary by community. Requests for service are made by contacting the senior center located in the community in which van service is needed. Requests must be made 24-48 hours in advance. The fare is \$2.00 per round trip with a \$.50 discount applied to persons needing transportation to the local senior center to participate in the Senior Nutrition Program.

For more information on this service, please contact The Community Service Coordinator at:

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*The **Aging & Disability Resource Center** contracts with the **Shared Ride Taxi** to provide subsidized transportation within the city of River Falls. To schedule a ride call the **River Falls Ride Share Taxi** at **715-425-0900**.*

CAREGIVER SUPPORT

The **National Family Caregiver and Alzheimer's Family Caregiver Support Programs** offer a variety of services to support caregivers. This includes caregiver support, consultation, education, support groups, respite care, Services, peer to peer and in home support and an annual Caregiver Conference. Funding for respite care, education, or equipment may be available if individuals meet the eligibility requirements.

HEALTHY AGING

There are a variety of classes available to help participants learn about exercise, nutrition, medications, managing symptoms and talking with you doctor. Classes include: **Healthy Living with Diabetes, Living Well with Chronic Conditions and Stepping On (Falls Prevention)**. All of the classes are 6-7 weeks, interactive, research driven and designed to improve quality of life and health for participants.

To access these services, please contact the Caregiver Support Coordinator at:

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ADULT DAY RESPITE PROGRAM

The 6 hour day is structured and includes activities, a morning snack, a nutritious noon meal and is designed for people who are frail or have cognitive problems related to dementia. Activities are wide ranging in variety.

There is a daily fee for the program. Limited scholarships may be available. Long term care insurance may apply. Non-residents of St. Croix County are welcome to attend if eligible. The program is offered four days a week at various locations in St. Croix County. An in-home assessment and physician's for are completed prior to acceptance to the program. Transportation may be possible.

To access this service, contact the Caregiver Support Coordinator at:

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OUTREACH SERVICES

Education and affirmation are available through support groups offered by the [Aging & Disability Resource Center](#). Support groups for: **Alzheimer's Awareness**, and **Caregiver Club** meet monthly. Each group is free, open and confidential. Family and friends are invited. Peer to peer support is also available.

ST. CROIX AGING & DISABILITY NEWS (ADRC NEWS)

An informational **newsletter** distributed on a monthly basis to increase public awareness of services, activities, opportunities and area resources.

CLOSED CIRCUIT TELEVISION LOAN CLOSET

The **Vision Impairment Outreach Program** has several **closed circuit televisions** (CCTVs) to be loaned on a short term basis. An inclusive list of **CCTV** vendors is available for those who wish to purchase a **CCTV** or other adaptive equipment.

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The Aging & Disability Resource Center of St. Croix County provides services to individuals over age 60 and individuals age 18-59 who have a disability, as well as their families. Services are provided without regard to race, color, creed, ethnic origin, religion or income level.

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