

River Falls Nutrition Program November 2016 Menu

119 Union Street - 715-425-9932

Serving Monday – Friday

****Due to circumstances beyond our control, menu changes may occur from time to time****

| Monday | Tuesday | Wednesday | Thursday | Friday |
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|  | 1 Country Ham Au Gratin Potatoes Corn Garlic Cheddar Biscuit Chef's Choice Fruit Dessert | 2 Salisbury Steak Mashed Potatoes & Gravy Carrots Fruit Dinner Roll Dessert | 3 Beef Stir Fry Buttered Noodles Oriental Blend Vegetable Fruit Bread Slice Dessert | 4 Beer Battered Fish Rice Pilaf Coleslaw Chef's Choice Fruit Dessert |
| 7 BBQ Chicken Baked Beans Creamy Cucumbers Fruit Dinner Roll Dessert | 8 Cheeseburger on Bun Potato Salad Coleslaw Chef's Choice Fruit Dessert | 9 Pot Roast Mashed Potatoes & Gravy Mixed Vegetables Bread Slice Mandarin Orange Cake | 10 Smothered Steak Mashed Potatoes & Gravy Squash Fruit Garlic Cheddar Biscuit Dessert | 11 Open Face Philly Sandwich Green Beans Chips Chef's Choice Fruit Dessert |
| 14 Marinara Chicken w/ Cheese Buttered Noodles Wax Beans Breadstick Dessert | 15 Smothered Chopped Stk Mashed Potatoes Corn Chef's Choice Fruit Sliced Bread Dessert | 16 Glazed Ham Baked Sweet Potato Peas Dinner Roll Fruit Crisp | 17 Oven Fried Chicken Baked Potato Carrots Pineapple Bread Slice Dessert | 18 Tuna Noodle Casserole 5 Way Blend Vegetables Chef's Choice Fruit Garlic Cheddar Biscuit Dessert |
| 21 Smothered Chkn Brst Baked Potato Peas Peaches Bread Slice Dessert | 22 Spaghetti & Meatballs Green Beans Chef's Choice Fruit Breadstick Dessert | 23 Open Face Turkey Mashed Potatoes & Gravy Capri Blend Veggies Creamy Fruit Fluff Dessert | 24 CLOSED for Thanksgiving Day | 25 CLOSED for Thanksgiving Holiday |
| 28 Sweet & Sour Chkn Parslied Noodles Stir Fry Vegetables Bread Slice Fruit Crisp | 29 Beef Stew Cauliflower Pears Biscuit Dessert | 30 BBQ Pulled Pork on bun Creamy Cucumber Chips Fruited Jell-O | Suggested Donation: \$4.00 per meal Please pay as much as you can afford, as we rely on donations from participants to keep the program going. | |