River Falls Nutrition Program September 2016 Menu

119 Union Street - 715-425-9932 Serving Monday – Friday

Due to circumstances beyond our control, menu changes may occur from time to time

Monday	Tuesday	Wednesday	Thursday	Friday
Suggested Donation: **$4.00 per meal** Please pay as much as you can afford, as we rely on donations from participants to keep the program going.			**1** Oven Fried Chicken Mashed Potatoes & Gravy Squash Garlic Toast Pineapple Orange Dream	**2** Tuna Herb Croissant Potato Salad Coleslaw Chef's Choice Fruit Dessert
5 **CLOSED for Labor Day**	**6** Smothered Chopped Stk Mashed Potatoes & Gravy Country Blend Vegetables Breadstick Fruited Jell-O	**7** Ham Loaf Rice Pilaf Green Peas Chef's Choice Fruit Dinner Roll Dessert	**8** Teriyaki Grilled Chicken Buttered Noodles Oriental Blend Vegetable Pineapple Chunks Bread Slice Dessert	**9** Lemon Baked Cod Scalloped Potatoes Green Beans Pears Dinner Roll Dessert
12 Roast Turkey Mashed Potatoes & Gravy Broccoli Apricots Bread Slice Dessert	**13** Brat on Bun Potato Salad Wax Beans Chef's Choice Fruit Dinner Roll Dessert	**14** Sweet & Sour Chicken Fried Rice Oriental Blend Vegetable Chef's Choice Fruit Dinner Roll Dessert	**15** Cheeseburger on Bun Garden Veg. Pasta Salad Chips Cinnamon Applesauce Dessert	**16** Oven Fried Chicken Paprika Roasted Potatoes Green Beans Pears Breadstick Dessert
19 Roast Turkey Mashed Potatoes & Gravy Broccoli Apricots Bread Slice Dessert	**20** Creamy Chicken Alfredo Noodles Squash Melon Cup Bread Slice Dessert	**21** Beef Stroganoff Buttered Noodles California Blend Veggies Bread Slice Dessert	**22** Beef Stir Fry Steamed Rice Stir Fry Vegetables Fruit Cocktail Egg Roll Dessert	**23** Spaghetti & Meat Sauce Island Blend Vegetable Chef's Choice Fruit Breadstick Dessert
26 Crmy Mshrm Chkn Rice Pilaf Side Salad Banana Half Bread Slice Chocolate Pudding	**27** BBQ Chicken Breast Baked Potato Coleslaw Chef's Choice Fruit Bread Slice Dessert	**28** Sliced Roast Beef Mashed Potatoes & Gravy Glazed Carrots Garlic Cheddar Biscuits Cherry Delight	**29** Cream Chipped Beef Mashed Potatoes Monte Carlo Blend Veg. Pears Bread Slice Dessert	**30** Crispy Shrimp Baked Potato Green and Gold Beans Chef's Choice Fruit Dinner Roll Dessert