

# Memory Clinics

*Providers who are well-informed in the diagnosis and treatment of dementia...help for you and your loved ones*



## Memory Clinics Overview

Memory clinics, otherwise known as dementia diagnostic clinics are staffed by providers who are well-informed in the diagnosis and treatment of dementia and Alzheimer's disease. Contacting one of the clinics or your primary care physician is an important first step when you have concerns about memory loss, thinking skills and behavior changes in yourself or a loved one. Read on to find out why early diagnosis is so important.

### Early Diagnosis is Key

Many things can cause dementia, a decline in intellectual ability severe enough to interfere with a person's daily routine. Dementias related to depression, drug interaction and thyroid problems may be reversible if detected early. Other causes of dementia include strokes, Huntington's disease, Parkinson's disease and Pick's disease. Alzheimer's disease is the most common cause of dementia. It is important to identify the actual cause in order for the individual to receive proper care.

The individual who may have Alzheimer's disease may be able to maximize the quality of his or her life by receiving an early diagnosis. It may also resolve the anxiety of wondering "What is wrong with me?". An early diagnosis allows more time to plan for the future. Decisions regarding care, living arrangements, financial and legal issues, and other important issues can be addressed.

There is no one diagnostic test that can detect if a person has Alzheimer's disease. The diagnosis is made by reviewing a detailed history on the person and the results of several tests, including a complete physical and neurological examination, a psychiatric assessment and laboratory tests. Once these test are completed, a diagnosis of "probable" Alzheimer's disease can be made by process of elimination. However, physicians can be 80 to 90% certain their diagnosis is accurate.

For further information on the steps involved in the diagnosis of Alzheimer's disease, please visit the website – [www.alz.org](http://www.alz.org).

## Wisconsin:

<b><u>Marshfield Clinic-Chippewa Center</u></b> Physician: Vincent Miller, MD 2655 County Highway I Chippewa Falls, WI 54729 1-866-333-1996 or 1-715-858-4444 <a href="http://www.marshfieldclinic.org">www.marshfieldclinic.org</a>	<b><u>Mayo Clinic Health System Memory Care Clinic</u></b> Physicians: Donn Dexter, MD and Rae Hanson, MD 1400 Bellinger Street, 5th Floor Neurosciences Eau Claire, WI 54703 Phone: 715-838-1900 <a href="http://www.mayoclinic.org">www.mayoclinic.org</a> Clinic hours: Monday afternoons
<b><u>Marshfield Clinic-Indianhead Center</u></b> Physician: Richard Pebler, MD Marshfield Clinic Lakewoods Family Center 1215 W. Knapp St. Rice Lake, WI 54868 1-866-333-1996 or 1-715-858-4444 <a href="http://www.marshfieldclinic.org">www.marshfieldclinic.org</a>	<b><u>UW Health-Eau Claire Family Medicine Clinic</u></b> Joan Hamblin, MD, Director 617 W. Clairemont Avenue Eau Claire, WI 54701 Phone: 715-839-5175 Fax: 715-839-5176
<b><u>Marshfield Clinic-Oakwood Center</u></b> Physician: Vincent Miller, MD 3501 Golf Road Eau Claire, WI 54701 1-866-333-1996 or 1-715-858-4444 <a href="http://www.marshfieldclinic.org">www.marshfieldclinic.org</a>	<a href="http://www.wai.wisc.edu/clinics/cliniclist.html">http://www.wai.wisc.edu/clinics/cliniclist.html</a>

## **Minnesota:**

### **Geriatric Research, Education & Clinical Center (GRECC) – Memory Loss Clinic Veterans Admin. Medical Center**

1 Veterans Dr., 11 G  
Minneapolis, MN 55417  
1-612-725-2051

<http://www.minneapolis.va.gov/services/grecc.asp>

### **The Memory Clinic – University of Minnesota Medical Center/Fairview**

2312 S 6<sup>th</sup> St., Ste F-275  
2<sup>nd</sup> Fl. West Bldg.  
Minneapolis, MN 55454  
1-612-273-8720

<http://www.memory.umn.edu/memoryclinic.html>

### **Mayo Clinic – Behavioral Neurology**

200 1<sup>st</sup> St. SW  
Rochester, MN 55905  
1-507-284-1588

<http://www.mayoclinic.org/departments-centers/neurology/overview/specialty-groups/division-behavioral-neurology/overview>

### **Mayo Clinic – Alzheimer’s Disease Research Center**

4111 Highway 52 N  
Rochester, MN 55901  
1-507-284-1324

<http://www.mayo.edu/research/centers-programs/alzheimers-disease-research-center/overview>

### **Alzheimer’s & Memory Loss Care – Bethesda Hospital**

559 Capitol Blvd.  
St. Paul, MN 55103  
1-651-326-2150

<https://www.healtheast.org/memory-loss-dementia.html>

### **Department on Neurology – HealthPartners Specialty Clinic**

401 Phalen Blvd.  
St. Paul, MN 55130  
1-651-254-7900

<https://www.healthpartners.com/public/find-care/location-detail.html?networkId=hp&locationId=13060>

<https://www.caring.com/articles/memory-clinics-minnesota>