

Memory



Café

Coffee, conversation, community

<i>YMCA—Hudson 2211 Vine Street Hudson 1st Thursday 9:30 a.m.—11 a.m. Jackie Paulson & Donna Crocker</i>	<i>WITC - New Richmond 1019 Knowles Ave S New Richmond 2nd Wednesday Until September 1 p.m. — 2:30 pm Chelsee Stoddard & Nancy Abrahamson</i>	<i>Peace Lutheran Church 2084 County Rd N Baldwin 4th Thursday 1 p.m. - 2:30 p.m. Sue Gillis & Kathy Jensen</i>	<i>The Westwind 709 N Main Street River Falls Last Tuesday 10 a.m. - 11:15 am Christina Marshall & Peg Thompson</i>
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No cost to participate. Light snacks and beverages provided.

The Memory Café is a safe, comfortable, and engaging environment for those with memory loss and their caregivers. It is a place where guests can laugh, learn, and remain socially engaged with others traveling the same journey.

The Memory Café monthly meeting will feature speakers, educational offerings, and special activities. Program content will vary based on guests' interests, needs, and concerns. **We welcome those with Alzheimer's disease (or a related diagnosis), individuals with mild cognitive impairment and people who are concerned about memory loss, as well as family members or your care partner.**

What NOT to Expect: Formal care service, clinical assessments, or personal care services. The Memory Café is not suitable for those with dementia to attend alone if they have specific care needs, high levels of anxiety, disorientation/wandering, or a history of disruptive/aggressive behavior.

Sponsored by: ADRC of St. Croix County; The Centre, New Richmond; YMCA-Hudson; The Lutheran Home; Interim; Our House; and WITC-New Richmond

Please pre-register by calling Nancy Abrahamson at 715-381-4411 or email Nancy.Abrahamson@co.saint-croix.wi.us